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—— - Topic Discussion - ——

How to Beat Cancer

Cancer is a perfectly natural process. A very small percentage of cells in every person will at some point in their lives turn cancerous, however the body usually can eliminate cancerous cells before they can increase and do harm, so it often passes unnoticed. This process has been going on for eons. It is only when the Cancer cells multiply faster than the body can get rid of them that our health is threatened. Our immune systems have become significantly overworked and weakened by increased exposure to toxins, pesticides, viruses, carcinogens, etc. This unhealthy environment has compromised our body's defenses resulting in Cancer cells to thrive. Once you learn the causes for Cancer development, you will better understand how to support your body's defenses so that it may more effectively fight Cancer. As long as you are still breathing, it is possible to get healthy again!

The Human body was designed to heal itself. Cut your finger, and your body immediately responds by clotting the flow of blood to close the wound, fighting the bacteria and repairing the tissue. The healthier the body, the better it will be able to heal itself. Therefore, in order to surmount illness, one must endeavor to improve one's state of health. This can be done by removing the internal toxins and carcinogens from the blood, and creating an oxygen rich and alkaline system in which disease can not exist. The question is not of what we should add to our bodies to treat disease, but rather what we need to take out. Sickening the body further should never be an answer to seeking a cure.

Scientists have proven that by raising the body's alkalinity and oxygen content can eliminate cancer. This simple method is a logical and safe way of returning the body to its original state. Remove external carcinogens and toxins from your food, air and water by seeking out non-toxic alternatives to dangerous pesticides, consuming only organic food and installing filters to purify your indoor air and water. Common sense is not a very common practice in our world. Always think forward first before you act. Fight Cancer with all that you have!

You must realize that the word disease lets you see at least part of the problem - "disease" or "not at ease". Maintain your ease, learn to relax, forgive, laugh and be content. Your focus determines your reality, always think and act positively. Seek out religous reassurance and find joy in faith of healing. Ask for help in your prayers. Learn to forgive. Learn how to love and accept yourself (just as you are) and then others (just as they are). Learn to be a child again. Learn how to trust and hope and then to have faith. Expect less and give more. Become mentally strong. Do some random acts of kindness. Learn patience and take time to find proper rest. Be at ease with yourself!

God did not create the human body to suffer from Cancer. If we will use the same methods scientists use, to return the body to its original state, we will never suffer from this disease. People who know and apply this information are saving hundreds of thousands of lives annually.

Just as a prize fighter would not go into the ring and only throw one type of punch to beat his opponent; you must learn how to use many different complementary therapies to beat your enemy and win the battle. Boxers do not enter the ring until their health is in peak condition. In order to defeat your opponent, Cancer, you need to become healthy again. Eat properly, use the right supplements and exercise regularly. Many current Cancer 'treatments' actually depend on weakening the body and its immune system. We feel this is a negative approach to healing the body of disease.

- No Cutting; No Burning; No Nuking; No Drugs -

Oxygen and Cancer

Otto Warburg may have discovered the underlying cause for all forms of Cancer when he won two Nobel Prizes fifty years ago for his work on proving that Cancer is caused by a lack of oxygen respiration in cells. He stated in *The Prime Cause and Prevention of Cancer* that: "The cause of Cancer is no longer a mystery, we know it occurs whenever any cell is denied 60% of its oxygen requirements. Cancer, above all other diseases, has countless secondary causes. But, even for Cancer, there is only one prime cause. Summarized in a few words, the prime cause of Cancer is the replacement of the respiration of oxygen in normal body cells by a fermentation of sugar."

All normal body cells meet their energy needs by respiration of oxygen, whereas Cancer cells meet their energy needs in great part by fermentation. All normal body cells are thus obligate aerobes, whereas all Cancer cells are partial anaerobes. J.B. Kizer, a biochemist and physicist at *Gungnir Research* in Portsmith, Ohio explained, "Since Warburg's discovery, this difference in respiration has remained the most fundamental (and some say, only) physiological difference consistently found between normal and cancer cells."

Ma Lan, MD and Joel Wallach, DVD, point out that one type of white blood cell kills cancer cells by injecting them with oxygen, creating hydrogen peroxide in the cells. Looking at Cancer in this light, it makes sense to drastically increase cellular oxygen levels and to detoxify the body so that more cells stay oxygenated.

A nurse who works in medical research said, "It's so simple. I don't know why I never thought of it before. When we're working with cell cultures in the lab, if we want the cells to mutate, we turn down the oxygen, to stop them, we turn the oxygen back up."

Every year we lose more oxygen from our atmosphere to depletion of the ozone, and every year the incidence of Cancer increases. In the beginning, the earth's atmosphere was 37% oxygen. Now the atmosphere is 20% oxygen. Oxygen is essential to metabolize food and create high energy, and it is also impossible for cancer to exist in an alkaline oxygen-rich environment. All people have the right to know the truth and the basics for human life.

You must change your internal environment to one in which Cancer cannot thrive or survive. Just as we can't live without adequate oxygen, cancer can't exist in cells where there is *enough* oxygen. Sadly, all too often our cells are lacking in oxygen.

Fortunately it is possible to increase the levels of oxygen in cells, thus, making our body's internal environment a place where cancer can't easily survive. Cancer also needs an acidic environment to grow and does not survive well in an alkaline body so change your internal environment's pH. There are many ways to detox and remove dangerous parasites, carcinogens and other toxins from your body - you need to do so in order to be healthy again.

Acidity vs. Alkalinity

In chemistry, alkali solutions (pH over 7.0) tend to absorb oxygen, while acids (pH under 7.0) tend to expel oxygen. For example, a mild alkali solution can absorb over 100 times as much oxygen as a mild acid solution. Therefore, when the body becomes acidic by dropping below pH 7.0 (note: all body fluids, except for stomach and urine, are supposed to be mildly alkaline at pH 7.4), oxygen is driven out of the body and, according to Nobel Prize winner Otto Warburg, thereby inducing Cancer. Stomach fluids must remain acidic to digest food and urine must remain acidic to remove wastes from the body. Blood is the exception. Blood must always remain at an alkaline pH 7.4 so that it can retain its oxygen. When adequate mineral consumption is in the diet, the blood is supplied the crucial minerals required to maintain an alkaline pH of 7.4.

However, when insufficient mineral consumption is in the diet, the body is forced to rob Peter (other body fluids) to pay Paul (the blood). In doing so, it removes crucial minerals, such as calcium, from the saliva, spinal fluids, kidneys, liver, etc., in order to maintain the blood at pH 7.4. This causes the de-mineralized fluids and organs to become acidic and therefore anaerobic, thus inducing not only cancer, but a host of other degenerative diseases, such as heart disease, diabetes, arthritis, lupus, etc.. Everyone knows that the human body is made up of 78% water by weight, and that water is hydrogen and oxygen gases. When nitrogen gas and carbon in the form of carbon dioxide and methane gases are added, the total gas in the body by weight becomes over 95%. Almost half of the remaining 5% that makes up the human body and controls all biological functions is the mineral calcium. No other mineral is capable of performing as many biological functions as is calcium. Calcium is involved in almost every biological function. This amazing mineral provides the electrical energy for the heart to beat and for all muscle movement. It is the calcium ion that is responsible for feeding every cell. It does this by latching on to seven nutrient molecules and one water molecule and pulls them through the nutrient channel. It then detaches its load and returns to repeat the process. Another important biological job for calcium is DNA replication, which is crucial for maintaining youth and a healthy body. DNA replication is the basis for all body repair and can only occur on a substrate of calcium.

Thus, low calcium means low body repair and premature aging. As important as all these and hundreds of other biological functions of calcium are to human health, none is more important than the job of pH control. Calcium to acid, is like water to a fire. Calcium quickly destroys oxygen robbing acid in the body fluids. Thus, the more calcium, the more oxygen, and therefore, the less Cancer and other degenerative diseases.

In the 1950s, Dr. Carl Reich M.D. discovered that his patients were able to cure themselves of almost all degenerative diseases by consuming several times the RDA of calcium, magnesium, vitamin-D and other nutrients. Dr. Reich was the first North American doctor to prescribe mega doses of minerals and vitamins to his patients and is considered by many to be the father of preventive medicine. By the 1980s Dr. Reich

had cured thousands, but lost his license for explaining that the consumption of mineral nutrients, such as calcium, could prevent Cancer and a host of other diseases. This concept was considered too simple to accept by the medical wisdom of the day. However, by the late 1990s, other medical men of wisdom were also discovering that calcium supplements could indeed reverse Cancer.

A team of researchers from two Canadian universities and the Centre for Chronic Disease Prevention and Control at Health Canada designed a study to examine a possible link between pancreatic cancer risk and dietary carotenoid intake. As reported in the Journal of Nutrition, researchers found that beta-carotene and total carotenoid intake was associated with a significantly reduced risk of pancreatic cancer among non-smoking subjects. Smoking is believed to be one of the primary causes of pancreatic cancer.

The most striking result concerned lycopene. The Canadian team noted that lycopene intake was provided mainly by tomatoes or tomato products. When those who had the least lycopene intake were compared with those who had the greatest intake, subjects in the latter group were found to have a 31 percent reduced risk of developing pancreatic cancer.

Tips For Alkalinizing Your Diet

- 1. Eat lots of organic fruits and vegetables.
- 2. Squeeze lemon or lime into water as a beverage
- 3. Eat 1 cup of alkalinizing greens daily (e.g. kale, mustard greens, or broccoli).
- 4. Eat millet or quinoa as an alternative to wheat.
- 5. Choose fish and lamb over beef.
- 6. Use olive oil instead of vegetable oils, avoid hydrogenated oils.
- 7. Drink Green Tea.
- 8. Drink a chlorophyl source such as wheatgrass or Green Magma powder.
- 9. Drink miso broth. One teaspoon of miso to a cup of hot, not boiling, water.

Many people find that their body turns acidic during an allergic reaction or when they suffer from metabolic acidosis. You can help correct this condition by taking 1/2 teaspoon of dissolved baking soda (sodium bicarbonate) before bed each evening or as needed. Make sure that all the baking soda is disolved before drinking. Some people use *Alka Selzer Gold* to do the same thing. Many people prefer a *Tri-Salts* mixture to straight sodium bicarbonate to make the body become more alkaline.

Recipe for Tri-Salts

2 Parts Potassium Bicarbonate

3 Parts Sodium Bicarbonate

1 Parts Calcium Carbonate

Thoroughly mix all the ingredients together, (you may want to do this outside or wear a dust mask as it can make you sneeze a lot). Use one teaspoon of the above mixture to 1/4 - 1/2 teaspoon powdered vitamin C in a third of a tumbler full of filtered water to alleviate allergic reactions such as headaches, nausea, chronic heartburn etc. The sooner you take the *Tri-Salts* after a suspect food (i.e. heartburn), the better it works to lessen the symptoms.

Source Airedale Allergy Centre, Nr Keighley.

Below are some websites that list alkaline and acidic foods are:

http://www.essense-of-life.com/info/foodchart.htm

 $\underline{http://altmedicine.about.com/od/popularhealthdiets/a/alkalinediet.htm}$

http://www.godsdirectcontact.com/vegetarian/alkalineoracid.html http://www.ctds.info/acidic-foods.html http://www.thewolfeclinic.com/acidalkfoods.html

Discussion about symptoms of being too acidic: http://www.care2.com/channels/solutions/self/1315

Tips For Oxygenizing Your Diet

You can purchase a brown bottle of OTC 3% Hydrogen Peroxide (H2O2) and pour 1/4 cup of it on a towel and lay it on your chest. (Caution: H2O2 will bleach colors.) The hydrogen peroxide can be warmed up before placing it on the towel. This H2O2 treatment can be done every 4 to 8 hours. About a half hour after each H2O2 treatment, you can eat some slices of a raw potato. An enzyme in the raw potato will help break down the hydrogen peroxide into oxygen and water in your blood stream. The result of this two-part approach will be increased oxygenation of the blood and the destruction of viruses without the oxidative stress of too much H2O2. You can also use H2O2 sublingually. or you can add one 8 oz bottle to a one gallon steamer/humidifier filling the rest of the one gallon reservoir with pure water and simply plug it in and breathe the vapors. There are also H2O2 IV treatments available by some physicians.

Other Recommended Reading

Article about Herbal Healing Tea - "Essiac Four Herb Formula"

Article about Complementary Alternative Medicine - "Is Alternative Medicine Dead?"

Article about Cancer Research - "A Super Fraud?"

Article about Contamination - "What's In That Water?"

Supportive Cancer Therapy Products

Dioxychlor DC3 (Homeopathic 1X) 1 oz.



Dioxychlor DC3 is an effective antiviral, antibacteria. Homeopathic Oral Drops, Dioxychlor is a natural antibiotic that kills bacteria by supplying generous amounts of oxygen to the bacteria (anaerobes) that would normally thrive in little or no oxygen. The Author recommends that this product be used sublingually initially then take a sip of water, rinse then swallow. This oxidative agent fights both yeast and cancer.

Dioxychlor DC3 (1 oz. Bottle) Quantity: 1 \$35.76 Add to Cart

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Green Magma®



Dr. Hagiwara's Green Magma® is a very nutritious, mildly alkaline powder made from organic young barley grass juice. Young barley



grass contains perhaps the most balanced nutrient profile of all green plants with an abundance of vitamins, minerals, antioxidants, amino acids, proteins, active enzymes, and chlorophyll. Daily consumption of Green Magma® will help provide your body with essential nutrients that promote the health and vitality of the entire body. After taking Green Magma® daily for as little as 1 week, many people have reported feeling a dramatic increase in energy, better looking hair, skin, and nails, and increased regularity – all

signs of good nutrition.

Green Magma® (5.3 oz.) Quantity: 1 \$29.99 Add to Cart

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Micronutrients				
Minerals	Vitamins	Enzymes	Amino Acids	
Boron	Beta carotene	Aspartate	Alanine	
		Aminotransferase		
Calcium	Biotin	Catalase	Arginine	
Chloride	Choline	Cytochrome	Aspartic Acid	
		Oxidase		
Chromium	Folic Acid	DNase	Cystine	
Cobalt	Niacin	Fatty Acid Oxidase	Glutamic Acid	
Copper	Pantothenic Acid	Hexokinase	Glycine	
Iodine	Vitamin B1	Malic dehydrogenase	Histidine	
Iron	Vitamin B2	Nitrate reductase	Isoleucine	
Magnesium	Vitamin B12	Peroxidase	Lysine	
Nickel	Vitamin C	Peroxidase catalase	Methionine	
Phosphorus	Vitamin E	Phosphatase	Phenylalanine	
Potassium	Vitamin F	Phospholipase	Proline	
Selenium	Vitamin K	Polyphenoloxidase	Serine	
Sodium	Vitamin P**	RNase	Threonine	
Sulfur	Superoxide	Dismutase	Tryptophan	
Zinc		Transhydrogenase	Tyrosine	

Plus 50 other trace minerals

Methoxy-Iso Protein



The key ingredient in Methoxy-Iso Protein is 5-Methy-7-Methoxy-Isoflavone, a proven agent for building muscle. The main patent was filed in 1977 by a Hungarian company, and soon became a secret weapon of livestock producers. Recently our scientists, in their ongoing research to create new anabolic agents, discovered the patents buried in the U.S. patent office. The newly patented formula is truly the biggest scientific breakthrough for mass building in 30 years!

Potent

Methoxy-Iso Protein is the most powerful formula of its kind on the market, combining two new, scientifically proven anabolic compounds, 7-Isopopoxisoflavne

and 5-Methy-7-Methoxy-Isoflavone with ZMA, a patent-pending anabolic mineral supplement. The net effect of these combined agents in your body is an anabolic state - the optimum condition for lean mass growth, improved strength and quicker recovery time.

Safe

Research has shown that use of Methoxy-Iso Protein does not produce androgenic or liver damaging effects. In fact, Methoxy-Iso Protein actually decreases oxygen consumption of tissues and lowers cholesterol.

Easy to Use

No blender needed. Mix 1 scoop of Methoxy-Iso Protein with 4 ounces of water or your favorite beverage, 2-3 times daily as a high performance dietary supplement.

Best Value

Higher concentrations of muscle building anabolic compounds mean better results with less product. Methoxy-Iso Protein is available in either Chocolate or Vanilla Custard flavor.

NUTRITION FACTS

Calories Per Serving 138	Calories From Fat 10
Amount Per Serving	% Daily Value
Total Fat 2.2gm	3%
Saturated Fat 0	0%
Cholesterol 0	0%
Sodium 66mg	3%
Potassium 150mg	***
Total Carbs 4.6gm	2%
Dietary Fiber 0	0%
Sugars 2gm	***
Protein 24gm	44%
7-Isopropoxisoflavone	225 mg
5-Methy-7-Methoxy-Isoflavon	e 200 mg

Methoxy-Iso Protein (2.2 lbs.) Quantity: 1 \$39.99 Add to Cart

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Grass Of The Sea



Diatoms once lived in the sea eons ago, and as they died their shells (and minerals) drifted to the bottom of the sea beds. In this manner, vast deposits of diatomic shells were laid down. Throughout the history of man's existence, a wide variety of valuable uses have been found for what has come to be called "diatomaceous earth." There are now more than 1,500 ways in which man benefits from this incredible material left by diatoms, Silicon Dioxide.

Read More...

Grass of The Sea (10 oz.) Quantity: 1 \$15.95 Add to Cart

Grass of The Sea (20 oz.) Quantity: 1 \$27.45 Add to Cart

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Terramin Bentonite Clay



Terramin is made from pure, high-grade, edible Calcium Montmorillonite clay. It is a powerful trace mineral supplement containing a combination of more than 60 macro, micro and essential trace mineral elements in a 100% natural form. Terramin clay acts as a catalyst to enhance healing, growth, digestion and detoxification.

Photos: Powder | Tablets

Terramin 100% Natural Living Clay is a rich source of calcium and a other trace minerals. Trace minerals activate our enzyme systems and the biological functions that underlie nearly every manifestation of our lives. Terramin replenishes the body's essential minerals and macro/micro nutrients, where their absence may occur from soil depletion and genetically modified foods.

Read More...

Terramin Tablets (250 count)	Quantity:	1	\$59.90	Add to Cart
Terramin Powder (2 lb.)	Quantity:	1	\$41.40	Add to Cart
Terramin Powder (4 lb.)	Quantity:	1	\$58.90	Add to Cart
			View Ca	art/Checkout

Coenzyme Q10



The provision of supplemental CoQ10 (390 mg) to breast cancer patients has been shown to induce complete regression in some cases. [Biochem Biophys Res Comm 199: 1504-08, 1994; 212: 172-77, 1995] Though only a small group study, the provision of an array of antioxidant supplements including coenzyme Q10 to high risk breast cancer patients has been demonstrated to be beneficial in reducing mortality, spread of cancer and quality of life. [Mol Aspects Med 15: 231-40S, 1994]

CoQ10 (45 Count) Quantity: 1 \$34.79 Add to Cart

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Read More about CoQ10 at the links below:

http://www.newmediaexplorer.org/cgi-bin/mt-comments.cgi?entry_id=298

http://www.askbillsardi.com/sdm.asp?pg=cal_cancer

Cal-Mag



Calcium is involved in almost every biological function. This amazing mineral provides the electrical energy for the heart to beat and for all muscle movement. It is the calcium ion that is responsible for feeding every cell. It does this by latching on to seven nutrient molecules and one water molecule and pulls them through the nutrient channel. It then detaches its load and returns to repeat the process. Another important biological job for calcium is DNA replication, which is crucial for maintaining youth and a healthy body. DNA replication is the basis for all body repair and

can only occur on a substrate of calcium.

CalMag (180 Count) Quantity: 1 \$12.30 Add to Cart

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* None of these statements have been tested or evaluated by the FDA.

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